

PRACTICAL EVIDENCE-BASED STRATEGIES TO FAIRLY SHIFT THE
WORKLOAD IN THE HOME AND EMPOWER WOMEN IN THEIR CAREERS



DR. ANNE WELSH

Dr. Anne Welsh is a psychologist and executive coach passionate about empowering women in their leadership journeys. She began her career at Harvard before opening her own firm, which focused on supporting women in leadership and working parents across career sectors.

Dr. Welsh is an expert on transitioning from a working person to a working parent and brings a unique blend of academic research and real-life experiences to her work. As a mother of four, she draws on her own experience as a mother, her research career in the transition to motherhood, and her 15+ years of practice to create bespoke solutions to the challenges of working parenthood.

Dr. Welsh is also a Fair Play Facilitator.



BRIAN PAGE

Mr. Brian Page was recognized as a National Educator of the Year by the Milken Foundation and Ohio Department of Education, a CNN Money Hero, and a former Working Group Member of President Obama's Advisory Council on Financial Capability. He served as a Visiting Scholar at the Consumer Financial Protection Bureau in the Office of Financial Education.

Mr. Page is married to a high-achieving woman and has three children. He shares strategies to create an equitable home environment that empowers women in the workforce.

Mr. Page is the founder of Modern Husbands, which is dedicated to sharing ideas on managing money and the home as a team.

Practical evidence-based strategies to fairly shift the workload in the home to empower individuals in their careers



Practical solutions for individuals in dual career relationships to be their best selves by implementing evidence based systems at home to manage money and the home as a team.

- Evidence-based strategies
- How to have the conversation
- Methods to free yourself from the mental load

Attendees will leave feeling empowered to be better at home so they can thrive at work

Remote Workshop Details

- Overview and Explanations
- The Fair Play Division of Labor Method
- Breakout Group Practice
- Q&A

Contact Brian Page at brian@modernhusbands.com for booking or questions.